CYDL Data Byte

Mental health conditions increased with age for females 12 to 24 years old but remained relatively constant for males

66,792 Albertans 12 to 24 years of age received services for mental health conditions in 2008/09. The percentage of female youth with mental health conditions increased with age. For males, the rate was stable across age.

Between ages 12 and 14 years, males had higher rates of mental health conditions than females.

From age 16 on, females had higher rates of mental health conditions than males.

For more information, see our report

Mental Health Status of Albertan Youth.



